*Ages for each class/level are a general average; each student is assessed in terms of ability, maturity etc. to meet the requirements of each class. Our trained instructors assess each student and the class as a whole. Classes and levels can change each and every year to fit the needs of our growing students. Placement is highly individual and the factors that go into the decision are complex. Please rest assured that your child’s best interest is in our hearts and in our minds at all times when making level assessment placement.

All placements are approved and finalized by the Director.

Please note: It is very common for dancers to stay in the same class level for a few years before advancing. All dancers grow at different speeds, so it’s up to our staff to continue to build/adjust our curriculum/Syllabus. It’s also common for the studio itself to offer a new classes or a change in an existing classes each year to assist all of our dancers with their growing needs.

If you have any questions or concerns about your dancer specifically, please feel free to contact the office and we'll be more than happy to assist you!

It continues to be our honor to educate your dancer and we greatly appreciate you choosing The Next Step Dance Studio Inc!

**BALLET** is the foundation of all dance. Ballet focuses on discipline, poise strength, and gracefulness. Students will be taught all the basic principles of Classical Ballet. This program is lead under the Artistic Direction of Miss Heaven. Ballet classes concentrate on technique taught at the ballet barre, center floor, adagio, jumps and turns proper body placement, turnout and written terminology and history will also be emphasized. Since Ballet is the foundation of all dances, constant repetition and class time is crucial for this form of dance. Assessment is extremely critical for these dancers for their development and safety.
Level Breakdown for the Ballet Department

- **Level 1 Curriculum** (1 hour/week) - Average Ages 8-11
- **Level 2 Curriculum** (1 hour/week) - Average Ages 11-14
- **Level 3 Curriculum** (1.5 hours/week) - Average Ages 12& up
  - Beginning Pointe/Pre-Pointe Ballet (1.5 hours) *assessment required
- **Level 4 Curriculum with Beginning Pointe** - Average Ages 12 & up
  - Beginning Pointe/Pre-Pointe Ballet (1.5 hours)
  - Pointe Principles (2 hours)
- **Level 5 Curriculum with Advanced Pointe** - Average Age 12 & up
  - Barre/Center Level 5 Ballet (1.5 hours)
  - Pointe Principles (2 hours)

**BROADWAY** - This class is a combination of theory, acting and dance. Students will learn what it takes to put on and perform a Musical Theater Production Piece, ranging from scripts, costumes, acting, singing & dancing! Fun! Fun! Fun! *These classes may also take small local field trips or have guest speakers from time to time. $10-$25 fees may apply.

Level Breakdown for this Department:

- **Broadway Bound** - Average Ages 8-10 Beginning Level
- **Junior Broadway** - Average Ages 10-14 Intermediate level.
- **Teen Broadway** - Average Ages 13-up Intermediate to Advanced level.

*For production purposes, these classes can and may be assessed/determined strictly by age and by the Director’s discretion.

**COMPANY DANCE TROUPES** - Being a member of The Award Winning Next Step Company Troupe is a privilege. Director Miss Becca along with her faculty hand selects these dancers every year. Being selected means your hard work and passion have not been over looked and the Director feels you are ready to take your efforts to the NEXT STEP! Being a part of this troupe means you are a role model at the Next Step Dance Studio and will represent the studio at Regional and even National competitions and conventions. To be a Next Step Company Dancer requires immense DEDICATION and COMMITMENT. A requirement of 8.5-10 hours a week of classes along with a full requirement contract is in place for each member of this troupe.

**Collaborate, Organize, Revolve, Excel! = C.O.R.E.**

New this year, each Company Division (Rubies and Sapphires) will have dedicated 4.5 hours a week of C.O.R.E classes that will be split into two intensive classes with our Company Staff! Our dancers and staff will be given the gift of time, all in one collective environment to really focus on a detailed and carefully thought out structure for growth.
within a variety of styles all-encompassing their potential and preparing them for Competition, Conventions, and Public Performances.

C.O.R.E classes include a focus on the following genres: Jazz, Lyrical, Contemporary, Tech & Fitness AND Hip Hop!

**AVG(Apple Valley Gymnastics) Training:**

We are in a business collaboration with AVG this year! We will be focusing on Acro and Dance training within each business’ field of expertise! (All information on this program, will be provided for you in the company handbook coming September 2019)

*Class suggestions if you're interested in being selected for the Company troupe in the future are; Ballet, Jazz, Lyrical, Tap & Broadway! The Director hosts a scouting workshop each spring for interested students that meet these qualifications.

**GOAL PROGRAM** – This program is a collection of classes for those with an interest in setting a goal to either be a company dancer in the future, or just setting personal growth goal for themselves! This program will be for dancers that are willing make the commitment to take a package of 4+ required classes per week; In the goal program, we've created a fun and unique integrated syllabus and full curriculum focusing on the core principles of Jazz, Hip Hop, Lyrical, Stretching & Technique!

*Assessments for all levels in this program are required and then finalized by the Director.*

Although the *Goal Program* does not guarantee graduation to Company, it focuses on strong technique; teamwork; structure and helping a dancer develop a sense of confidence; and help them understand the value of hard work and commitment.

**Level Breakdown for this Department:** By Director’s Assessment Only

- Goal Class (1.5 hours/week)
- Ballet- Level 2 or Higher (1 -1.5 hours per week)
- Broadway -(1 hour/week)
- Jazz (1 hour/week)

**HIP HOP** - is a freestyle form of dance that was born in the streets and is now very popular in TV and in dance studios. Important aspects of Hip Hop are musicality, ENERGY and ATTITUDE. People of all ages are sure to have a blast in this class, and you'll be sure to get a total body workout too!
Level Breakdown for the Hip Hop Department:

- **Move and Groove** - Average Ages 9-12 Beginning growing into Intermediate level.
- **Teen Fusion** - Average Ages 12-16 Intermediate level.
- **Goal Program** - Average ages 10-16
- **Sapphire & Ruby C.O.R.E (Company Troupes)** - ages 11-18 Intermediate-Advanced Levels

**JAZZ** - Jazz dance is greatly aided by proper ballet technique though in a more relaxed teaching style. With that strong technical foundation, it enables the dancer to focus on the stylistic and performance aspects of dance. With its high energy body isolations and varied rhythmic accents, jazz is one of the most popular forms of dance because of its wide variety of style from old Broadway, 50’s, 60’s, 70’s, 80’s, 90’s and more!

Level Breakdown for this Department:

- **Beginning Jazz** - Average Ages 8-11 Beginning through Intermediate level.
- **Intermediate Jazz** - Average Ages 11-15 Intermediate level.
- **Teen Fusion** - Average Ages 12-17 intermediate level
- **Sapphire & Ruby C.O.R.E (Company Troupes)** - ages 11-18 Intermediate-Advanced Levels

**LYRICAL/CONTEMPORARY** - is a fusion of ballet and jazz technique. This form of dance can be a slower moving dance, fused with grace, abstract theory, passion and elegance to interpret the music or words, showing the audience the emotion of a particular piece of music. You must be 12 yrs. or older OR be enrolled in The Goal or Company Programs in order to be eligible for these classes.

Level Breakdown for this Department:

- **Teen Fusion** - Average Ages 12-16 Intermediate level.
- **Goal Program Students** - ages 9 & up
- **Sapphire & Ruby C.O.R.E (Company Troupes)** - ages 11-18 Intermediate-Advanced Levels

**SUPER STEPPERS** - This newly created program started in the winter of 2018. It is designed for young dancers with the average ages of 6-9 years old. It expands the dance experience and integrates the basics and fundamentals of Ballet, Jazz, Tap, Tumbling, Hip Hop and Theater, preparing them to advance forward into the beginning levels of all classes/styles we offer here at Next Step!

This program is a required 2 part series, with **two** 1 hour classes a week.
**TAP** – Tap is literally drumming with your feet! The name comes from the tapping sound made when the small metal plates of the dancer’s shoes touch a hard floor. This lively, rhythmic tapping makes the performer not just a dancer, but also a percussive musician. Tap helps develop concentration coordination and rhythm. It’s both challenging and fun! Percussive, acapella, ”funk” curriculum will be added to the intermediate and advanced level syllabus’

**Level Breakdown for the TAP Department:**

- **Beginning/Int. Tap** - Average Ages 7-10 Beginning to Intermediate level.
- **Production Tap** Average Ages 10-15 Intermediate Level
- **Specialty/Focus Session Tap** - Average Ages 11-18 Intermediate-Advanced Level

*This is a Private Tap session/class by assessment only, set on rotation to expand and develop those selected to further their tap education. Additional Homework/practice will be required.

_All tap classes classes may be combined by the request of the Director to produce an additional show stopping’ high-energy multi-level tap routine!_

**TINY TOTS & MIGHTY MUNCHKINS!**

This program is a combination of Ballet, Jazz, Tap and the basics of tumbling! Your tiny dancer will learn: hand/eye coordination, rhythm, how to work well with others, fun and exciting routines, keeping their attention so that they’re on their way to becoming a fabulous performer! All Tiny Tot classes will perform and the matinee performances only of our Recital. All Mighty Munchkins classes will perform in both matinee and evening performances. *The Dancer MUST be at least 3 years old by August 2019. Exact level assessment is determined and then finalized by the Director.*

**Level Breakdown for this Department:**

- **Tiny Tots** – Average Ages 3-5 Beginning level
- **Mighty Munchkins** – Average Ages 5-7 Beginning level

**Technique, Flexibility & Fitness** – This curriculum is designed and infused within the goal and company programs. It’s a core strengthening syllabus primarily focused on body alignment, core strength, toning and proper execution of jazz, contemporary progressions across the floor along with fundamentals of center work, aero, turns and leaps.